





Speaking at DCA about my work as a member of the Quiet Skies Caucus to address aircraft noise, which includes legislation and working with regional leaders and federal agencies.



At my most recent Annual Women's Conference and Forum, I spoke about my support for the Equal Rights Amendment. The next Women's Conference and Forum will be held in Arlington on the morning of May 7th; visit beyer.house.gov for details.




SERVING YOU IN CONGRESS

My District Office and D.C. Office offer a range of services to help my constituents, including:

-  Request help with a federal agency by calling 703-658-5403.
-  Tours of the Capitol Building and the White House are now available on a limited basis; Tours of other D.C. sites may be available later in the spring.
-  Request an American flag to be flown over the U.S. Capitol (at cost).
-  Obtain guidance on requests for federal grants.
-  Apply for a nomination to a military service academy (2023 applications will open August 1st).
-  Apply for a paid internship in my Washington, D.C. office.

To request these or other services, visit: beyer.house.gov/constituent-services.

GETTING RESULTS

-  In 2021, my office handled a record 3,500 cases on behalf of constituents and responded to over 80,000 constituent letters.
-  In 2021, my office helped over 500 families recover their IRS refunds or stimulus payments, totaling nearly \$3.0 million.
-  I secured over \$5.4 million in federal funding for projects in Alexandria, Arlington, Fairfax County, and Falls Church, including storm sewer and climate resilience improvements to address flooding, mental health resources, GW Parkway safety improvements, pedestrian routes, and electric vehicle infrastructure.

Rep. DON BEYER

beyer.house.gov    [RepDonBeyer](https://www.facebook.com/RepDonBeyer)





Speaking at USPS headquarters about legislation to strengthen the U.S. Postal Service. I voted for the Postal Service Reform Act, bipartisan legislation recently signed into law intended to support USPS and improve mail delivery.



Speaking with residents at New Hope Housing in Alexandria about my legislative efforts to support affordable housing in Northern Virginia and across the country.

Rep. **DON BEYER**

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Donald S. Beyer
M.C.
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YOUR VOICE FOR NORTHERN VIRGINIA

The most rewarding part of my work in Congress is making a positive difference in constituents' lives. My office has an extensive network of resources to secure timely assistance from federal agencies and programs. My team is compassionate and persistent in seeking results for constituents in Virginia's 8th District.

Whether you need help with immigration-related issues, Social Security, Medicare, veterans' benefits, Postal Service delays, IRS refunds, or more, we will do all we can. In 2021, my office handled over 3,500 cases with federal agencies on behalf of constituents, more than twice the amount of any of my previous years in Congress.

Please contact my District Office at **703-658-5403** for assistance or visit my website at **beyer.house.gov**.